

GRANDS HOTLINE

ATTENTION MEDIA TEAMS & COMPANIES

All ABA Grands Team and display space areas must be reserved with ABA prior to the event. Please contact: shannon@ababmx.com for all the details.

Pro Spectacular & NAG 5 Challenge

This event is held on Friday night after the ROC. The gates open at 6:45 pm and the event starts at 7:30 pm. This event is 2 hours in length. The event will bring out the top Pros as this year they will be qualifying for the event through the ROC. The Vet Pro, Girl Pro, A & AA Pros will be receiving National Points toward this years National titles. They will compete over 3 motos all the way to their respective semi events which will then be run during the Friday night event. The NAG 5 Challenge puts the top 5 NAG Amateurs in 15 boys through 36 and over all and also girls. together to see who really is the fastest amateur in BMX. Amateurs will be racing for a bunch of great prizes.

Gobble, Gobble

Afraid you're gonna miss mom's good ol' fashioned Thanksgiving dinner (burnt turkey and nasty gravy)? Well, have no fear. The Expo Square cafeteria will have many mom's and grandma's working their fingers to the bones so you, the bmxer, can have the traditional dinner, buffet style. Thursday, during practice, sneak on over and stuff your face!

The Arena

Massive. Huge Gigantic. However you describe the facility, don't call it boring. With a 1/4 mile long building, there will be plenty for you and the little tykes to do. On the upper level, you will have the BM-Xpo with tons o' vendors, bike lock up and games to keep the kiddies out of trouble. On the lower level, will be the site of one of the best Grands tracks in history.

Lock 'em down...

The ABA Staffers will be hard at work throughout the week to set up a massive bike lockup. With no bikes being allowed in the seating area, bring the ol' lock and cable to insure the safety of the ride. Ya never know—those guys from last year might already be out on parole.

Race of Champions

Once again this year, the ROC plates look AWESOME. Winners in class, cruiser and open not only receive these custom plates to run for a year, but they will also get their

pic in the BMXer. Remember you may race the ROC at the age and skill level that you were at your State Final race. **YOU MUST REMEMBER TO TELL REGISTRATION YOU WISH TO RACE THE ROC IN THAT AGE AND CLASS ON THURSDAY. THERE WILL BE NO AGE/CLASS CORRECTIONS FRIDAY.** Remember, you can race class, cruiser and open if you qualified in one or the other!



Bring your Dr. Shoul's inserts...

If you don't want to wait in a mile long (and I'm not kidding) line, bring plenty of fluids and a good pair of sneakers 'cause you are going to need 'em. To avoid this major hassle, I've got three words: Presign, Presign, Presign! You can do this via the internet, snail mail or fax it in to the ABA offices by November 13, 2009.

Hook up the Dually and come on out...

Located right on the premises of the Expo Square, there are 200 spaces for the taking. Reservations can be made at www.exposquare.com. Fees are \$23 for a 30 amp service and \$25 for a 50 amp service. Plus, for cars, there is no parking fee! You can't deny that there is now no excuse for you to miss the Grands.

ROC Pro Schedule

- 10 minute warm up between 1st and 2nd round of motos.
- 1st Pro moto at the start of the second round.
2nd Pro moto after last Amateur Girl class in the second round.
- 3rd moto run after 10 Expert in the second round.
- Quarters at the beginning of the quarters.
- Semi or main you will receive an arm band at the finish line to get you into the Pro Spectacular later that evening for the Pro Spectacular mains.
- Pro Cruiser will run a two moto transfer to a semi or main. Your first moto will run in its normal place after Girls Cruiser in the first round.

Vendors for the Grands

BMX HEX	Dog Tags
J & R Bicycles	Get-A-Gate
Yo-Yo Man	Izzy Cycles
Rider's Pro Shop	MJT Designs
Kovachi Wheels	Mike's Bikes

2009 GRANDS PRACTICE SCHEDULE

ROUND ONE

7:00-7:25am
7:25-7:40am
7:40-7:55am
7:55-8:10am
8:10-8:25pm
8:25-8:45pm
8:45-9:00pm
9:00-9:15pm
9:15-9:30am
9:30-9:55am
9:55-10:10am
10:10-10:25am
10:25-10:40am
10:40-10:55am
10:55-11:10am
11:10-11:25am
11:25-11:40am
11:40-11:55am
11:55 -12:10pm
12:10-12:25pm
12:25-12:45pm
12:45-1:00pm
1:00-1:15pm
1:15-1:30pm
1:30-2:25pm

THURSDAY ONLY

GIRLS CRUISER
36 & OVER MENS CRUISER
21-35 MENS CRUISER & PRO CRU
15-20 MENS CRUISER
12-13-14 BOYS CRUISER
11 & UNDER BOYS CRUISER
9 & UNDER GIRLS
10 - 13 GIRLS
14 & OVER GIRLS
6 & UNDER BOYS
7 BOYS
8 BOYS
9 BOYS
10 BOYS
11 BOYS
12 BOYS
13 BOYS
14 BOYS
15 BOYS
16 BOYS
17 -18 MEN
19 - 27 MEN
28 - 35 MEN
36 & OVER MEN
PRO

ROUND TWO

2:25-2:50pm
2:50-3:05pm
3:05-3:20pm
3:20-3:35pm
3:35-3:50pm
3:50-4:10pm
4:10-4:25pm
4:25-4:40pm
4:40-4:55pm
4:55-5:20pm
5:20-5:35pm
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7:50-8:10pm
8:10-8:25pm
8:25-8:40pm
8:40-8:55pm